

# **Weight Training, Agility and Speed Development**

Open to all athletes male or female

Open to all rising 9th -12th graders who are registered SFCHS students



Session I = June 8th thru July 2nd  
Session II = July 13th thru July 31st  
(closed week of July 3rd—July 10th)

Monday thru Thursday 8:30 am-11 am

\$125.00 for session I & II or \$75.00 per session

Head Supervising Coach, Jeff Jenkins  
along with other SFCHS coaches.



**Any Questions please call the St. Francis Athletic office  
at 352-248-0357**

Or e-mail Donjean Iulucci at [djuliucci@sfchs.org](mailto:djuliucci@sfchs.org)  
or Coach Jenkins at [jjenkins@sfchs.org](mailto:jjenkins@sfchs.org)

**Make checks payable to SFCHS**